

MINISTRY OF EDUCATION AND HIGHER EDUCATION

FORM FOUR EXAMS, 2010

ENGLISH



P/LAND NATIONAL EXAMINATION BOARD

Name.....

School

Roll Number.....

**Puntland State of Somalia
Ministry of Education**

Puntland National Examination Board

Form 4

**ENGLISH Examination
May 2010**

Time 2 hours

Plus 10 minutes before the exam for reading through the paper

TOTAL TIME 2 hours 10 minutes

INSTRUCTIONS TO CANDIDATES

This paper consists of 16 printed pages.

Count them now. Inform the invigilator if there are any missing.

PART ONE: Comprehension	30 marks
PART TWO: Vocabulary	20 marks
PART THREE: Grammar	30 marks
PART FOUR: Composition	20 marks
TOTAL	100 marks

- Answer ALL questions.
- All answers and working must be written on this paper in the spaces provided immediately after each question.
- Rough work can be done on page 2. This will not be marked
- No extra paper is allowed.
- No calculators are allowed.
- If you make a mistake cross out the incorrect answer clearly and write your correct answer.



Part one:

Reading comprehension

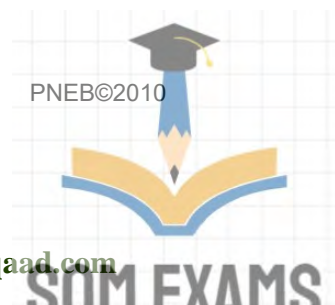
30 Marks

Read this passage carefully and answer the questions.

Eating the healthy way

If you feel fat, your body is trying to tell you something: lose weight. I want to assure that you can get to your perfect weight and stay at your ideal weight- and be and feel healthy- and enjoy food. In fact, you can enjoy as much food as you are eating now; you just need to swap some less-fattening food for some of the fattening food you are eating. Perhaps you are a diet expert and every one going and your weight has gone up and down like a Yo- Yo or perhaps you have never been on a diet before. Know you need to lose some weight but are confused by the conflicting advice when you flick through diet books and magazines; or perhaps you are **interested in your family's health and their weight and you want to** understand about healthy food as well as slimming food.

There are diet books on sale which are written by doctors and are mistaken. In fact, they are sometimes shocking in the out dated and incorrect advice they offer. But the main views expressed are held by the overwhelming majority of medical and nutritional experts around the world.



There is now a medical consensus (agreement) on the sort of diet we should follow to lose weight- which is also the most healthy diet we can eat.

No one can claim we know all there is to know about nutrition, fatness and healthy eating as there are still gaps in our knowledge but what we can now confidently insist is that the healthiest diet- the one which reduces the risk of a wide range of diseases is also the safest and most effective one to return you to your ideal weight and keep you there.

This is good news after all, everyone wants be slim and healthy not thin and ill. Being overweight can be explained in one sentence if you take in more energy (calories) in your food than your body needs for your particular life styles, then, your body will lay down the surplus energy as fat. The only way to lose weight is to take in less energy or to use more. If you cut down the amount of sugar and fat you eat, you will take in fewer calories. If you increase the amount of fiber you eat, you will be able to cut down fat and sugar without feeling hungry. If you increase your amount of physical activity, you will burn up most calories. If you feel fat your body is trying to tell you something: lose weight.



A. Multiple choice Questions.

10 Mrks

Choose the best meaning according to the text.

1. Swap

A. Exchange

B. eat

C. cook

2. Conflict

A. difficult to understand

B. Disagree

C. of different kinds

3. Surplus

A. extra

B. sufficient

C. little

4. Risk

A. safe

B. danger

C. loss

5. Flick

A. look through quickly

B. study

C. consult

6. How can people lose weight while eating as much food as they are eating now? 2 Marks

.....
.....
.....
.....

7. What kind of diet is the healthiest according to the text? 2 Marks

.....
.....
.....
.....
.....



8. How can being overweight be explained?

2 Marks

.....
.....
.....
.....

9. What two ways are indicated of cutting down on calories?

2 Marks

.....
.....
.....
.....

10. Why is fiber useful in a diet?

2 Marks

.....
.....
.....
.....

B. Grammatical information

10 marks

State the root of the following words from the text.

- | | |
|-----------------------|----------------------|
| 1. Weight: | 2. But: |
| 3. Confuse: | 4. Of: |
| 5. Healthy: | 6. Hung: |
| 7. Confidently: | 8. Will: |
| 9. Thin: | 10. Nutrition: |



Part two Vocabulary

A. Odd

5 Marks

Circle the word that is different from others.

- | | | | |
|-----------------|-------------|------------|--------------|
| 1. A. a farmer | B. a driver | C. a pilot | D. a captain |
| 2. A. a carrot | B. apple | C. tomato | D. potato |
| 3. A. Treatment | B. healthy | C. drought | D. Doctor |
| 4. A. mountain | B. lake | C. river | D. sea |
| 5. A. newspaper | B. magazine | C. TV | D. novel |

B. Synonyms

5 Marks

Circle the word that means similar to the underlined one.

1. The police have captured the criminal and brought him before the court.
A. Sentenced
B. Arrested
C. Witnessed
D. Shot
2. The government has reduced the price of all food stuff after the public outcry
A. Increased
B. Changed
C. Lowered
D. Banned
3. The old man looked very upset about his healthy.
A. Tire
B. Happy
C. Unhappy
D. hungry



4. Bosaso has changed into a large city since 1995
 - A. small
 - B. big
 - C. hot
 - D. busy
5. the director of the training has dispatched some documents to the school headmaster
 - A. received
 - B. printed
 - C. sent
 - D. collected

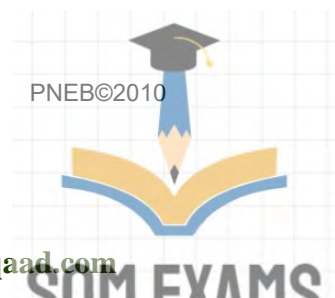
C. Gap filling

10 Marks

Choose the correct word for the gap in each sentence.

Disease, Survivors, Passengers, Hostages, Hijack, Pass, Brilliant, Release, Course, Catch.

1. The minister granted a scholarship to the most students in our school
2. All the were freed following the plane.
3. The of the car crash were all admitted to the general hospital this morning.
4. You can..... A taxi at the park.
5. spread quickly in the unhealthy conditions of the prison camp.
6. Mr. farah has well in the test.
7. are seriously warned not to alight from busses at the cross roads.
8. The Accountant has went to Garowe to attend two weeks.....
9. The court has all prisoners of war.



Part three

30 Marks

Grammar

A. multiple choose

8 Marks

There are four spaces in each of the following paragraphs. Choose the best answer (a, b, c, or d), for each space.

1. After Police arrested a man for breaking into a supermarket, they discovered that the thief was actually a teenage girl dressed as a man. Although they informed she did not have to them anything, the girl confessed she had done it,her family because they had no money and they were hungry.

- | | | | |
|----------------|-----------------|--------------|-----------------|
| 1) A. her that | B. that | C. that her | D. to her that. |
| 2) A. admit | B. explain | C. report | D. tell |
| 3) A. that | B. that to them | C. them that | D. them to that |
| 4) A. by | B. for | C. that | D. to |

2. It was late and I was beginning to tired, so I asked Roble to finish his drawing and tidy up. He held the drawing up for me to see. It a big black cat that Sitting at the table.

- | | | | |
|----------------|----------------|-----------------|----------------|
| 1) A. becoming | B. being | C. getting | D. going |
| 2) A. feel | B. feel as | C. feel it | D. feel to be |
| 3) A. looked | B. looked as | C. looked for | D. looked like |
| 4) A. seemed | B. seemed like | C. seemed to be | D. seemed was |



B. Tenses

22 Marks

Put the verb in the correct tense, the tenses are present simple, present continuous, past simple, past continuous, past perfect and will. There are also examples of the infinitive.

Yesterday I (go) to Bosaso. I wanted (do) some shopping. Mr. Bulhan drive a long small country road when he (see) a man at the side of the road. He (wave) and pointing at his car.

Mr. Bulhan (Stop) and (ask) the man if he was all right. ' my car is broken down? Said the man. Where do you want(go) ? asked Mr. Bulhan, "Bosaso" replied the man. Well, I (not go) to Bosaso, but I (give) you a lift to the station, If you like on the way to the station they chatted.

..... You (work) in Bosaso? Asked Mr. Bulhan, no I don't, I (run) my own business in Karin, but today I (have) lunch with a friend in Bosaso, we always (have) lunch together on Friday, I promised (meet) him at one o'clock. There is a bus at 11:30. I don't think you(be) late for your appointment.

When they arrived at the station bus (stand)at the platform. That is your bus, said Mr. Bulhan. ' you (catch) it if you are quick.' After the man (get out) of the car, Mr. Bulhan (drive away). A few minutes later he realized that he (make) a mistake. It was the wrong bus. He back to the station, but the bus was not there: it already(leave).



Part Four.

Composition

20 Marks

Choose one of the titles and write a composition of not more than 125-150 words.

EITHER

Invitation:

You have agreed to take part in an exchange programme organized by your school. Your friend from another city will spend two weeks in your home.

Write a letter to that student describing your home, your city and what to expect on the visit.

Guided words / useful information

1. Climate of your city
2. Size of your town
3. Location
4. Entertainment etc

OR

Summer holiday

Write a composition about your upcoming summer holiday.

Guided words / useful information

1. Where you will spend the holiday
2. With whom
3. How long you will stay
4. Why you will choose that place

